

Walking along side people

Split the group into two. Ask each group of people to take one shoe off and place them in a pile at the front. (You end up with two piles). Explain how each person's life is unique and that no one can really know what it is like to walk in another's shoes. But we can give the gift of listening and walking alongside other people. Invite one group of people to pick up a shoe from the others pile and look for the owner of that shoe (they are still wearing the other shoe) without talking. Once they have found them then they fit the shoe back onto the foot. When this is completed they listen while the shoe owner tells them of the hardest time in their life and secondly the happiest time in their life. When one group is finished then repeat for the other group.